Memory MattersSouthern Utah / Nevada



Current Community Support Groups

10/22/19

Memory Matters Open Support Group

Every Wednesday 1:00 – 2:30pm St. George Branch Library (Downstairs) 88 W. 100 S. St. George, UT 84770 Email: memorymattersutah@gmail.com Ph) 435.319.0407

Southgate Evening Support Group

3rd Thursday of each Month 6:00 – 7:00pm 134 W 2025 South Circle, St. George, UT 84770 Ph) 435.628.1117

New Harmony Caregiver Support Group *Currently on Hiatus

Kanab Senior Center Caregiver Support Group 2nd Wednesday of each Month 10:30 – 11:30am 56 W. 450 N. Kanab, UT 84741 Ph) 435.644.5250



Area support groups meet weekly and monthly to provide education and emotional support to caregivers.

AREA SUPPORT GROUPS

(CONTACT INFORMATION)

St. George Memory Matters

Five County 435.673.3548

Southgate / STG

Kanab Senior Center

New Harmony* Hal Torgersen

Cedar City Brookdale / Cedar

Mesquite, NV Mesquite Library

Hurricane Caregiver Support Group *Currently on Hiatus

Cedar City Bring Your Own Lunch and Learn Support Group - Heather Cox

2nd Tuesday of each Month 12:00 – 2:00pm 585 N Main, Cedar City, UT 84720 Ph) 435.867.0055

Mesquite, NV Caregiver Support Group

2nd Thursday of each Month 2:00 – 3:30pm Mesquite Library

121 W. 1st North, Mesquite, NV 89027 Email: janet.labrum.mmu@gmail.com Ph) 435.319.0407

FTD Quarterly Support Group

Second Monday. Call or email for date and time. Ph) 435.319.0407, Memorymattersutah@gmail.com

For more information:

Janet Labrum

Program Director 435.319.0407 janet.labrum.mmu@gmail.com

