



Programs & Services

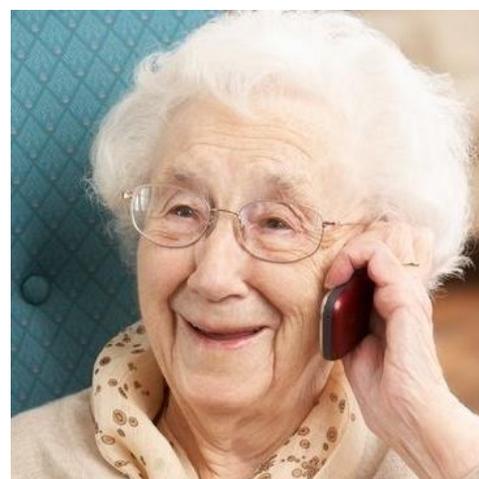
For the Benefit of Local Seniors with Memory Loss and their Caregivers



Support Groups meet weekly, monthly and quarterly in and around southern Utah and Mesquite, NV. Support Groups are free and open to the public.



The Memory Activity Club provides a positive social experience that elevates and improves the mood of the participant.



Good Morning Sunshine is a telephone reassurance program for seniors dealing with memory loss or caring for someone with memory loss.

Caregiver Support Groups

Area support groups provide education and emotional support to caregivers. Support groups are available in Cedar City, New Harmony, Kanab and St. George, Utah as well as Mesquite, Nevada. Additionally, there are support groups available for specific types of dementia. For more information call Memory Matters.

Memory Activity Club

Those with moderate dementia are the best suited for this activity group. Participants must be able to take care of bathroom needs with only standby assistance. The activity class is an enormous benefit to caregivers as it provides much needed respite. It is also a life-changer for those with dementia who attend.

Good Morning Sunshine ...

This program is available to seniors who live alone, are age 55 or older and have memory loss issues due to Alzheimer's disease and dementia, or seniors with health issues caring for someone experiencing memory loss. A trained volunteer calls each day, at a predetermined time, to check on their wellbeing.

SCAN THIS QR CODE FOR MORE INFORMATION:



Memory Matters meets the growing needs of the senior population in southern Utah and Mesquite, Nevada experiencing memory loss due to Alzheimer's Disease and Dementia. Memory Matters is a 501(C)(3) local service organization operating in southern Utah and Mesquite, Nevada.

Memory Matters Utah/Nevada
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Memory Matters Utah/Nevada Mission:

To reduce isolation and increase wellness for individuals with dementia and their caregivers through activities, support, education, and consultations.